



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Noodnommers:

107

(vanaf 'n landlyn)

021 480 7700

(vanaf 'n selfoon)

Hierdie kontrolelys is deur die Stad Kaapstad se afdeling vir brandveiligheid saamgestel.

Dit is ook op versoek en in Engels en Xhosa beskikbaar.



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Maak vooruitgang moontlik. Tesame.



**BRAND- EN
LEWENSVEILIGHEID**
KONTROLELYS VIR DIE HUIS



Maak vooruitgang moontlik. Tesame.

Hoe veilig is u huis en gesin?



Hierdie kontrolelys vir brand- en lewensveiligheid sal u help om moontlike brandgevaare in u huis te identifiseer. Dit stel ook goeie huishoudingspraktyke bekend wat die brandveiligheid van u huis aansienlik sal verbeter.


Beantwoord die vrae eerlik.


Indien u "nee" op enige van die vrae antwoord, moet u stappe neem voordat iemand seerkry.

Nadere besonderhede kan verkry word deur u plaaslike brandweerstasie of u brand- en lewensveiligheidopvoeder te kontak by 021 703 3184 of 'n e-pos te stuur aan lifesafety@capetown.gov.za.



Kom ons werk saam om diegene vir wie ons lief is, te beskerm.

|  Brandopsporing en brandbestryding | Ja | Nee |
|---|--------------------------|--------------------------|
| Rookalarms: Het u huis minstens een rookalarm om u gesin te beskerm terwyl u slaap? (Die meeste huisbrande kom in die nag voor. In die VSA en VK het brandalarms sterftes weens brand met 50% verminder.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Toets u die battery van u rookalarm minstens een keer per maand en ruil u die battery een keer per jaar om? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet almal hoe die rookalarm klink? | <input type="checkbox"/> | <input type="checkbox"/> |
| Brandblussers: Het u huis 'n brandblusser of 'n rookskerm wat aan die Suid-Afrikaanse Nasionale Standaard (SANS) voldoen? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is u brandblusser gedurende die afgelope 12 maande deur 'n SANS-goedgekeurde tegnikus getoets? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word u brandblusser op 'n toeganklike en gerieflike plek, bv. naby 'n uitgang deur, gestoor? | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u plaaslike brandweer u opgelei in of raad gegee oor die veilige gebruik van u brandblusser? | <input type="checkbox"/> | <input type="checkbox"/> |
|  Noodprosedures en ontsnappingsplanne | Ja | Nee |
| Het u en u gesin 'n ontsnappingsplan ingeoefen? ('n Ontsnappingsplan sal u ontsnapping versnel en dit kan dalk u lewe red.) | <input type="checkbox"/> | <input type="checkbox"/> |
| As u jong kinders of gesinslede met beperkte beweeglikheid het, is iemand aangewys om hulle in geval van 'n brand te help ontsnap? (Die meeste sterftes weens brand kom onder jong kinders en bejaardes voor.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u kinders geoefen hoe om sonder 'n volwassene se hulp te ontsnap? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ken babaoppassers, versorgers en besoekers almal die ontsnappingsprosedure in geval van 'n brand? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word u ontsnappingsplan minstens een keer elke ses maande ingeoefen? | <input type="checkbox"/> | <input type="checkbox"/> |
| Hou u 'n flitslig geredelik byderhand vir gebruik tydens 'n kragonderbreking of brand? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Om van 'n brand te ontsnap | Ja | Nee |
|--|--------------------------|--------------------------|
| Weet u dat indien 'n brand uitbreek, u almal uit die huis moet kry en dan die brandweer moet skakel? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet almal dat hulle buite moet kom en buite moet bly as 'n brand sou uitbreek? (Laat alle waardevolle artikels en besittings agter. Maak seker dat kinders nie wegkruip nie.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet u dat u nie moet probeer om die brand te blus voordat die brandweer ingeroep is nie? U mag slegs die brand probeer blus as dit geen gevaar vir u inhou nie. | <input type="checkbox"/> | <input type="checkbox"/> |
| Ken u gesin die noodnommer 107 en word 107 op u telefoon vertoon om kinders te help wanneer hulle hulp moet ontbied? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet almal dat hulle laag onderdeur die rook moet kruip om van die brand te ontsnap? (Om rook in te asem kan mens doodmaak. Koel lug naby die vloer sal jou help om asem te haal en na veiligheid te kruip.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u twee maniere om uit die huis te kom in geval van 'n brand? | <input type="checkbox"/> | <input type="checkbox"/> |
| Kan u die diewering van binne af oopmaak om te verhoed dat u binne-in die huis vasgekeer word? | <input type="checkbox"/> | <input type="checkbox"/> |
| Sorg u dat vensters, deure en die vloer hindernisvry is sodat dit maklik is om uit te gaan in geval van 'n brand? | <input type="checkbox"/> | <input type="checkbox"/> |
| Kan u deure vinnig oopmaak en is sleutels geredelik beskikbaar om deure mee oop te sluit? (Hou sleutels in die slotte van deure en veiligheidshekke of aan hakies daar naby.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet u dat indien 'n brand in 'n vertrek uitbreek, u die deur moet toemaak om te keer dat die brand groter word. | <input type="checkbox"/> | <input type="checkbox"/> |
| Slaap u met u deure toe om die verspreiding van rook en vuur te verhoed? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet u dat indien u deur 'n vuur vasgekeer word, u die deur na u kamer moet toemaak en 'n kombors of handdoek aan die onderkant van die deur moet sit om die rook uit te hou? (Roep deur die venster om hulp.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Sal u onthou om al die deure agter u toe te maak wanneer u die huis ontruim? | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u gesin 'n veilige plek waar hulle weg van die huis af bymekaar kan kom? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Voorkoming van die brand: hitte en brandstof | Ja | Nee |
|--|--------------------------|--------------------------|
| Vloeibare petroleumgas (LPG): Indien u gas gebruik, beperk u die 9 kg-silinders tot die een wat gebruik word en 'n ekstra een? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is u gasinstallasie deur 'n geregistreerde LPG-gasinstalleerder en/of die brandweerafdeling, waar van toepassing, nagegaan en gesertifiseer? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is kinders altyd onder toesig wanneer gas, 'n oop vlam, olieverwarmers of oop vure gebruik word? | <input type="checkbox"/> | <input type="checkbox"/> |
| Wanneer gastoestelle aangesteek word, trek u eers die vuurhoutjie voordat die gas oopgedraai word? | <input type="checkbox"/> | <input type="checkbox"/> |
| Verwarmers: Word verwarmers in veilige areas (waar hulle nie omgestamp kan word en items nie op hulle kan val nie) gebruik wat minstens 1 m weg is van meubels, stoffering of enigiets anders wat kan brand? (Uitgestraalde hitte veroorsaak baie huisbrande.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Skakel u die verwarmers af wanneer u die huis verlaat en wanneer u slaap? | <input type="checkbox"/> | <input type="checkbox"/> |
| Sorg u dat klere nie op of naby verwarmers gedroog word nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Hou u 'n venster effens oop in vertrekke waar 'n paraffien- of gasverwarmer gebruik word? (Verwarmers met 'n oop vlam verbruik suurstof en gee gifgasse af.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word gordyne weggehou van hittebronne en moontlike ontvlaming? | <input type="checkbox"/> | <input type="checkbox"/> |
| Gebruik en berg u elektriese komberse volgens die vervaardiger se instruksies en word hulle korrek op die bed gesit? Word hulle afgeskakel wanneer u in die bed is, gereeld versien en nie saam met warmwatersakke gebruik nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Kook: Sorg u dat kos wat gaargemaak word, nooit onbewaak gelaat word nie? (Baie brande word veroorsaak deur kos wat onbewaak op 'n stoof gelos word, veral olie.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Wanneer u kos diepbraai, sorg u dat die kastrol nie meer as 'n derde met olie gevul is nie? (Minder olie verlaag die risiko dat warm olie op die stoof sal oorkook.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet almal dat mens 'n klam doek moet gebruik om brandende kookolie te blus? (Moenie water op 'n olievuur gooi nie, want dit sal ontplof.) | <input type="checkbox"/> | <input type="checkbox"/> |

|  Voorkoming van die brand: hitte en brandstof | Ja | Nee |
|--|--------------------------|--------------------------|
| Sorg u dat u nie lospassende klere dra wanneer u kook nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Het almal geoefen om "te stop, te val en te rol" indien hulle klere aan die brand sou slaan? (Moenie hardloop nie, want dit sal die vuur vererger.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word panne in 'n veilige posisie op die stoof geplaas? (Draai die handvatsels na binne, maar nie oor 'n warm plaat nie, sodat dit nie omgestamp kan word nie en sodat dit buite die bereik van kinders is.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word die koorde van broodroosters, ketels en ander elektriese toestelle weg van die stoof gehou en sorg u dat dit nie binne die bereik van kindertjies hang nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is die area bo en rondom die stoof vry van enige items wat kan brand? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word items wat vir kinders aantreklik is (bv. lekkergoed en koekies) weg van die kookarea gebêre sodat kinders nie in die versoeking kom om bo-op warm oppervlakke te klim nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Blus u braaivure wanneer die kos klaar gaargemaak is? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weet almal wat mens nodig het om 'n brandwond te lawe? (Gaan vinnig tot aksie oor en hou die brandwond in koue water vir minstens 20 minute.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Kaggels: Is u kaggel korrek geïnstalleer? (Baie brande ontstaan as gevolg van swak installasie. Mense sterf ook weens koolstofmonoksiedvergiftiging wanneer gastoestelle sonder voldoende ventilasie geïnstalleer word.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word vuurskerms rondom oop vure geplaas? (Hou ontvlambare items weg van die vuurskerms en moenie klere voor vure droogmaak nie.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word spieëls weg van kaggels of ander bronne van hitte gehang? (Moenie té na aan die vuur staan nie; mens se klere kan vlam vat.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  Voorkoming van die brand: elektriese veiligheid | Ja | Nee |
| Is alle elektriese toestelle wat nie gebruik word nie, afgeskakel en uitgeprop? (Elektriese foute is verantwoordelik vir 'n groot aantal brande, veral snags.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word TV's, hoëtroustele en ander elektriese toestelle afgeskakel en nie in gereedheidsmodus gelaat nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word elektriese stryksters en ander toestelle toegelaat om behoorlik af te koel voordat hulle gebêre word? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Voorkoming van die brand: elektriese veiligheid | Ja | Nee |
|---|--------------------------|--------------------------|
| Het u genoeg proppe in elke vertrek om die gebruik van bykomende veelproppe en verlengkoorde te beperk en oorlading te verhoed? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word proppe se sokke en verlengingskabels oorlaai? (Die reël is: "een sok, een prop". U kan 'n sok oorverhit en 'n brand laat ontstaan deur verskeie bykomende veelproppe in een sok te druk. Toerusting wat baie krag gebruik, kan verlengingskabels oorlaai.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Is elektriese koorde en drade in 'n goeie toestand? Word verslete en beskadigde koorde vervang en nie net bloot herstel nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Indien verlengingskoorde gebruik word, word hulle veilig gebruik (nie onder matte of oor deuropeninge geplaas nie)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is verleningskoorde behoorlik vasgesit (nie met spykers of kramme nie)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Om elektriese skokke te voorkom, verhoed u dat draagbare elektriese toerusting saamgeneem word badkamer toe? | <input type="checkbox"/> | <input type="checkbox"/> |
| Voldoen al u elektriese toestelle aan SANS? | <input type="checkbox"/> | <input type="checkbox"/> |
| Werk alle waarskuwingsligte op stowe en toestelle om aan te dui dat die toestel aan of af is? | <input type="checkbox"/> | <input type="checkbox"/> |
| Voer u 'n veiligheidsinspeksie van u huis uit en herstel u alle foute gereeld? | <input type="checkbox"/> | <input type="checkbox"/> |
|  Voorkoming van die brand: veilige praktyke | Ja | Nee |
| Indien enigeen binne-in u huis rook, het u genoeg groot, diep asbakke wat nie kan omval nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Sorg u dat u nooit 'n aangesteekte sigaret of pyp onbewaak laat nie? (Hulle kan op 'n stoel of mat val en 'n brand veroorsaak.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Geld die "rook in die bed verbode"-reël in u huis? (Dis maklik om in die bed of in 'n leunstoel aan die slaap te raak terwyl jy rook.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Word alle asbakke gereeld in 'n geskikte metaalhouer leeg gemaak? | <input type="checkbox"/> | <input type="checkbox"/> |
| Verhoed u dat asbakke op stoele se armleunings gesit word waar hulle maklik omgestamp kan word? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word vuurhoutjies en aanstekers weggesluit – buite bereik en buite sig van kinders? | <input type="checkbox"/> | <input type="checkbox"/> |
| Maak u seker dat jong kinders nooit alleen tuis gelaat word nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Indien u wel kerse in u huis moet hê, is hierdie kerse slegs ter versiering en word hulle nooit onbewaak gelaat wanneer hulle aangesteek is nie? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Gevare van warm water en swembadveiligheid | Ja | Nee |
|--|--------------------------|--------------------------|
| Word ketels, potte, bekere, ens. buite die bereik van jong kinders gehou? (Kookwater is verantwoordelik vir die meeste brandwonde in die huis.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Wanneer jong kinders gebad word, tap u eers koue water in voordat warm water bygevoeg word? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is u waterverwarmer se termostaat laer as 55 grade Celsius gestel? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is krane met die regte kleure gemerk en ken kinders die verskil tussen die krane vir warm en koue water? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is alle babas "verdrinkingsbestand" en weet alle kinders hoe om te swem? | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u swembad 'n swembadnet? | <input type="checkbox"/> | <input type="checkbox"/> |
| Het u 'n swembadheining met 'n selfsluitende hek? (Dit is 'n wetlike vereiste aangesien baie kinders tuis verdrink. Dit is ook van waarde om noodhulp- en KPR-opleiding te ondergaan.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  Veilige bewaring | Ja | Nee |
| Word alle huishoudelike chemikalieë in gepaste houers gebêre waar kinders dit nie in die hande kan kry nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word alle medisyne in kinderbestande houers gebêre waar kinders dit nie in die hande kan kry nie? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word alle vuurwapens in 'n SANS-goedgekeurde kluis gebêre? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is jou stoorplekke soos tuinhokkies, kaste en solders vry van papier, meubels, lappe en ander dinge wat kan brand? | <input type="checkbox"/> | <input type="checkbox"/> |
| Hou jy so min as moontlik vlambare items soos petrol, verdunner en verf aan, en is dit verseël en veilig weggebêre, weg van goed wat aan die brand kan slaan? | <input type="checkbox"/> | <input type="checkbox"/> |
| Word swembadchemikalieë op 'n veilige plek gehou, weg van remvloeistof en ander items? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is jou solder met nievlambare materiaal geïsoleer, en bêre jy so min as moontlik vlambare items in jou solder? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is jou dak ontvlambaar? As jy 'n rietdak het, is dit met 'n middel behandel om dit brandbestand te maak? | <input type="checkbox"/> | <input type="checkbox"/> |

linombolo zexesha likaxakeka:

107

(kwifowuni yasendlini)

021 480 7700

(kwiselula)

Olu luhlu lwezinto ekufuneka ziqwalaselwe luyafumaneka
ngolwimi lwesiNgesi nolwesiBhulu.

Nceda uqhagamshelane nathi ukuba ufuna ukufumana olu
luhlu ngolwini oluthile.



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Senza inkqubela yenzeke. Sisonke.



CITY OF CAPE TOWN
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UKHUSELEKO LOMLILO
NOBOMI EKHAYA
ULUHLU LWASEKHAYA



Senza inkqubela yenzeke. Sisonke.

Likhuseleke kangakanani ikhaya lakho nosapho lwakho?

Olu luhlu lokhuseleko lomlilo nobomi luya kukunceda ekuphawuleni izinto ezinako ukubangela ingozi yomlilo kwikhaya lakho. Lukwaseka iindlela ezilungileyo zokujonga indlu yakho neziya kuphucula ukhuseleko emlilweni kwikhaya lakho ngokubalulekileyo.


Phendula imibuzo ngokuthembekileyo.


Ukuba impendulo yakho ngu-'hayi' kuwo nawuphi na kule mibuzo, thatha inyathelo ngaphambi kokuba kubekho umntu owonzakalayo.

Xa ufuna iinkcukacha ezingezinye, qhagamshelana nesikhululo somlilo kwingingqi yakho okanye amaGosa ethu eMfundo oKhuseleko loMlilo noBomi ku-021 703 3184 okanye uthumele i-imeyile ku: lifesafety@capetown.gov.za

Masisebenzisane ukukhusela abo sibathandayo.



|  Ukucupha ukuqalisa komlilo nocimo-mlilo | Ewe | Hayi |
|--|--------------------------|--------------------------|
| Izixhobo (ii-alam) zokulumkisa ngomsi: Ingaba ikhaya lakho linaso nokuba sinye isixhobo sokulumkisa ngomsi ukukhusela usapho lwakho ngexa nilele? (Uninzi lwemililo ezindlini lwenzeka ebusuku. Izixhobo zokulumkisa ngomsi zilinciphisile izinga lokufa ngomlilo ngama-50% e-US nase-UK.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyayivavanya ibhetri yesixhobo sakho sokulumkisa ngomsi kanye ngenyanga ubuncinane uphinde uyitshintshe ibhetri kanye ngonyaka? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu uyasazi isandi sesixhobo sokulumkisa ngomsi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Izicimi-mlilo: Ingaba ikhaya lakho linaso isicimi-mlilo okanye ingubo yokhuseleko emlilweni ehambelana nemiqathango ye-South African National Standards (SANS)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba isicimi-mlilo sakho sikhe savavanywa yingcali evunyiweyo ngokwemiqathango ye-SANS kwiinyanga ezili-12 ezidlulileyo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba isicimi-mlilo sakho sigcinwe kwindawo efikelekayo nefanelekileyo, umz. kufutshane nomnyango ophumela ngaphandle? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ukhe wafumana uqeqesho okanye iingcebiso kumkhosi wabacimi-mlilo kwingingqi yakho ngeendlela zokusebenzisa isicimi-mlilo sakho ngokukhuselekileyo? | <input type="checkbox"/> | <input type="checkbox"/> |
|  Iinkqubo zexesha likaxakeka nezicwangciso zokuphepha umlilo | Ewe | Hayi |
| Ingaba wena nosapho lwakho nikhe naziqhelanisa nesicwangciso sokuphepha umlilo? (Isicwangciso sokuphepha umlilo siya kukhawulezisa indlela yokuphepha kwenu futhi ingasindisa ubomi bakho.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ukuba unabantwana abancinci okanye amalungu osapho angakwazi ncam ukushukumiseka, ingaba ukhona umntu onikwe umsebenzi wokubanceda ekubeni baphumele ngaphandle xa kunokuqhambuka umlilo? (Ikakhulu iba ngabantwana abancinci nabadala abathi basweleke ngenxa yomlilo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba abantwana bakho bakhe baziqhelanisa nendlela yokuphepha umlilo ngaphandle kokuncedwa ngumntu omdala? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba abantu abajonga abantwana, abanikezeli benkathalo kunye nabatyeleli bebonke bayazazi iindlela zokuphepha umlilo xa kunokuqhambuka umlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba niyaziqhelanisa nesicwangciso sokuphepha umlilo kanye ubuncinane rhoqo kwiinyanga ezintandathu? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ugcina itotshi ihlale njalo ifumaneka ukuze isetyenziswe xa kumke umbane okanye kuqhambuke umlilo? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Ukuphepha umlilo | Ewe | Hayi |
|--|--------------------------|--------------------------|
| Ingaba uyazi ukuba xa kunokuqhambuka umlilo, kufuneka ukhuphe wonke umntu osendlini uze ufowunele isikhululo sabacimi-mlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu uyazi ukuba kufuneka baphumele ngaphandle futhi bahlale phandle xa kunokuqhambuka umlilo? (Shiya ngasemva zonke izinto ezibalulekileyo nezinto ezizezako. Qinisekisa ukuba abantwana bayazi ukuba akufunekanga bazimele.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyazi ukuba akufunekanga uzame ukucima umlilo de kube kubizwe abacimi-mlilo futhi kuphela xa kungekho ngozi enokwenzeka kuwe? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba usapho lwakho liyayazi inombolo 107 yexesha likaxakeka kwaye ingaba u-107 ubhalwe ngokucacileyo efowunini yakho ekuncedeni abantwana xa kufuneka befowunele uncedo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu uyazi ukuba kufuneka akhasele ngaphantsi komsi ukuphepha umlilo? (Ukuphefumla umsi kungakubulala. Umoya opholileyo kufutshane nomgangatho uya kukunceda ukuba uphefumle kwaye ukhase ngokukhuselekileyo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba unazo iindlela ezimbini zokuphumela ngaphandle endlini yakho xa kunokuqhambuka umlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ii-burglar bars zakho ziyavuleka ngaphakathi ukuthintela ukuba ungavaleleki ngaphakathi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iifestile zakho, iingcango nomgangatho zigcinwe zingenazinto ezithintelayo ukuvumela ukuphuma okulula xa kunokuqhambuka umlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ungazivula iingcango ngokukhawuleza futhi izitshixo ingaba zihlala zifumaneka zokuvula iingcango? (Gcina izitshixo ziseminyangweni nakumasango okhuseleko okanye kwiindawo zokuzihakisha ezikufutshane.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyazi ukuba xa kunokuqhambuka umlilo kwigumbi, kufuneka uvale umnyango ukunciphisa ukunwena komlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ulala uvale iingcango zakho ukukhusela ukusasazeka komsi nokunwenwa komlilo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyazi ukuba xa uvaleleke emlilweni, kufuneka uvale umnyango kwigumbi lakho uze ubeke ingubo okanye itawuli ngaphantsi kocango ukuze umsi ungangeni? (Khwaza ukrobe ngefestileni ucele uncedo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uya kukhumbula ukuvala zonke iingcango xa uphumela ngaphandle kwikhaya lakho? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba usapho lwakho lunendawo ekhuselekileyo yokudibana xa ningaphandle kwekhaya lenu? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Uthintelo lomlilo: Ubushushu nepetroli | Ewe | Hayi |
|--|--------------------------|--------------------------|
| I-Liquid Petroleum Gas (LPG): Ukuba usebenzisa irhasi, ingaba ubanazo iisilinda ezingu-9 kg, enye ibe yesebenzayo enye ibe sisipere? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ukufakelwa kwerhasi yakho kukhe kwajongwa kwaze kwaqinisekiswa ngumfaki werhasi obhalisweyo wakwa-LP gas kunye/okanye iSebe labaCimi-mlilo apho kufaneleke khona? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba abantwana bahlala rhoqo bejongiwe xa irhasi, umlilo ozivuthelayo, izishushubezi ze-oyle okanye imililo evulekileyo isetyenziswa? | <input type="checkbox"/> | <input type="checkbox"/> |
| Xa ulayita isixhobo serhasi, ingaba uqale uqhwiwe ngaphambi kokuba uvulele irhasi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Izishushubezi: Ingaba izishushubezi zisetyenziswa kwiindawo ezikhuselekileyo (apho kungekho mntu onokuzigila okanye kuwele izinto phezu kwazo) malunga nemitha e-1 kude nafenishala, ufakelo lwefenishala okanye nayiphi na into engenye enokutsha? (Ubushushu obukhutshwe imitha kudala umlilo ezindlini ezininzi.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyazicima izishushubezi xa usimka endlini naxa ulele? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba awoneki iimpahla zakho kwishushubezi okanye kufutshane nezishushubezi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ugcina ifestile ivuliwe kancinci kumagumbi apho kusetyenziswa khona izishushubezi zeparafini okanye ezerhasi? (Izishushubezi ezinedangaty zisebenzisa i-oxygen eninzi futhi zivelise imimoya enetyhefu.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iikhetini zigcinwa kude nezibonelelo zobushushu nokuqhwitha okunokwenzeka? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba usebenzisa futhi ukwagcina iingubo zombane ngokwemiyalelo yomvelisi, ingaba uzifaka ngokuchanekileyo? Ingaba zicinyiwe xa sele usebhedini, zihlolwa rhoqo kwaye azisetyenziswa kunye neebhotile zamanzi abilisiweyo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ukupheka: Ingaba uyaqinisekisa ukuba awuzange wakushiya ukupheka ukutya kungekho mntu okujongileyo? (Imililo emininzi ibangelwa kukutya okushiye kodwa esitovini, ingakumbi amafutha.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Xa ufrayisha emafutheni amaninzi, ingaba ugcina imbiza yakho ingaphantsi kwesinye kwisithathu ukugcwala ngamafutha? (Oku kunciphisa ingozi yokuchitheka kwamafutha abilayo esitovini sakho.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu uyazi ukuba kufuneka usebenzise ilaphu elimanzi ukucima umlilo obangelwe ngamafutha okupheka? (Musa ukugalela amanzi kumlilo wamafutha kuba uyakwanda ngephanyazo.) | <input type="checkbox"/> | <input type="checkbox"/> |

|  Uthintelo lomlilo: Ubushushu nepetroli | Ewe | Hayi |
|---|--------------------------|--------------------------|
| Ingaba uyazama kangangoko ukuba unganxibi iimpahla ezinkulu xa upheka? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu ukhe waziqhelanisa nendlela 'yokuma, uwe uze uziqengqeqe' ukuba iimpahla zakho zithe zabambeka emlilweni? (Musa ukubaleka kuba oku kuya kwenza ukuba umlilo ubengaphaya kwamandla.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iimbiza zisetyenziswa kwindawo ekhuselekileyo esitovini? (Tshintshela imiqheba ngaphakathi, hayi ngaphaya kwendawo eshushu ukuze ingagilwa mntu, futhi ibekude nalapho abantwana banokufikelela khona.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iintambo zombane ezisuka kwiithowusta, iiketile nezinye izixhobo zombane zigcinwe kude nesitovu kwaye azishiywa zijinga apho abantwana abancinci benokufikelela kuzo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba indawo engaphezulu nejikeleze isitovu sakho ayinazinto ezinokutsha? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba izinto ezidala umtsalane ebantwaneni (iilekese neebhiskithi) zigcinwa kude neendawo zakho zokupheka ukuze abantwana bangahendeki bafune ukukhwela kwiindawo ezishushu? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba imililo yokosa ikhutshelwa ngaphandle emva kokuba ugqibile ukupheka? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba wonke umntu uyazi ukuba kufuneka indawo otshe kuyo uyipholise? (Thatha inyathelo ngokukhawuleza uze ufake lo ndawo utshe kuyo emanzini abandayo kangangemizuzu engama-20 ubuncinane.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Iindawo zokuba umlilo: Ingaba indawo yakho yokubasa umlilo ifakelwe ngendlela echanekileyo? (Imililo emininzi ibangelwa kukufakelwa okubi. Abantu bayasweleka ngenxa yetyhefu ye-carbon monoxide xa izixhobo zerhasi zifakelwe nangona kungekho moya woneleyo ophumayo nongenayo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba izikhuseli zeziko zibekiwe ukujikeleza imililo evulekileyo? (Gcina izinto ezinokutsha kude nezikhuseli zeziko futhi uyeke nokomisa iimpahla phambi kwemililo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba izipili zixhonywe kude neendawo zokubasa umlilo okanye ezinye izishushubezi? (Musa ukuma kufutshane kakhulu nomlilo, ungatshisa iimpahla zakho.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  Uthintelo lomlilo: Ukhuseleko lombane | Ewe | Hayi |
| Ingaba zonke izinto ezisebenzisa umbane ezingasebenziyo ziyacinywa futhi zikhutshwe eplagini? (Iingxaki zombane zingunobangela wemililo emininzi, ingakumbi ebusuku.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ii-TV, ii-hi-fi nezinye izinto ezisebenzisa umbane ziyacinywa, kwaye azishiywa zikwimo elindeleyo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ii-ayini zombane nezinye izixhobo zombane ziyalindwa ziphole ngaphambi kokuba zifakwe elugcinweni? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Uthintelo lomlilo: Ukhuseleko lombane | Ewe | Hayi |
|--|--------------------------|--------------------------|
| Ingaba uneepalagi ezoneleyo kwigumbi ngalinye ekunciphiseni ukusetyenziswa kwezidibanisi zombane (ii-adaphtha) neekheyibhile nokuthintela ulayisho olungaphaya kwamandla? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba isokethi zeeplagi neentambo ezongezelelweyo (iikhodi) zingaphaya kwamandla? (Umthetho uthi: 'isokethi nganye, kwiplagi nganye'. Kungayinikezela ubushushu obugqithisileyo isokethi kuze oko kuqalise umlilo ngokufaka izidibanisi zombane kwisokethi enye. Isixhobo esisebenzisa umbane omninzi singangaphaya kwamandla eentambo okanye iikhodi ezongezelelweyo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iintambo zombane neengcingo zombane (flexes) zikwisimo esifanelekileyo? Ingaba iintambo ezibhideneyo okanye ezonakeleyo ziyatshintshwa, azilungiswa nje kuphela? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ukuba kusetyenziswa iintambo ezongezelelweyo, ingaba zisetyenziswa ngendlela ekhuselekileyo (zingabikho ngaphantsi kwekhaphethi okanye zinqamleze iingcango)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iintambo ezongezelelweyo zikhusele ngokufanelekileyo (hayi ngokusebenzisa izikhonkwane okanye iingcingo)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyakulumkela ukuthatha isixhobo esiphathekayo sombane usise kwigumbi lokuhlamba ukuthintela ukutshowukhwa ngumbane? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba zonke izixhobo zombane zihambelana nemiqathango ye-SANS? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba zonke izibane ezibonisa izilumkiso ezitovini nakwezinye izixhobo ziyasebenza ukubonisa ukuba isixhobo eso silayitiwe okanye sicinyiwe? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyalwenza uhlobo lokhuseleko kwikhaya lakho uze ulungise zonke iziphene rhoqo? | <input type="checkbox"/> | <input type="checkbox"/> |
|  Uthintelo lomlilo: Iindlela zokhuseleko | Ewe | Hayi |
| Ukuba kukho umntu otshaye ngaphakathi kwikhaya lakho, ingaba unezikhongozeli zothuthu ezoneleyo ezinkulu, ezinzulu nezingethambekiyo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyaqinisekisa ukuba awusoze ushiye isigarethi okanye inqawe elayitiweyo yodwa? (Zingawela esitulweni okanye ekhaphethini zize ziqalise umlilo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba 'ukungatshayeli ebhedini' ngumthetho omisiweyo kwikhaya lakho? Kulula ukusuka ulale xa utshayela ebhedini okanye kwisitulo esineendawo zokuphumza iingalo.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba zonke izikhongozeli zothuthu zichithelwa kwisikhongozeli semethali esifanelekileyo rhoqo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyakuthintela ukubeka izikhongozeli zothuthu kwizitulo ezineendawo zokuphumza iingalo apho zinokuwa khona? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iimatshisi nelayita zitshixelwa kude – azifikeleleki, azibonakali futhi azikho zingqondweni –zabantwana? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uyaqinisekisa ukuba abantwana abancinci abasoze bashiywe bodwa ekhaya? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ukuba unyanzelekile ukuba ubenamakhandlela kwikhaya lakho, ingaba la makhandlela ngowokuhombisa kuphela kwaye, ukuba alayitiwe, awazange ashiywe odwa? | <input type="checkbox"/> | <input type="checkbox"/> |

|  Iingozi zamanzi ashushu nokhuseleko lwequla lokudada | Ewe | Hayi |
|--|--------------------------|--------------------------|
| Ingaba iiketile, iimbiza, iikhomityi, njl-njl, zigcinwa kude nabantwana? (Amanzi ashushu angunobangela wokutsha okuninzi kumakhaya ethu.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Xa uhlamba abantwana, ingaba uqala ufake amanzi abandayo ngaphambi kokuba ufake amanzi ashushu? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba ithemostat yegiza yakho yamanzi ashushu isetwe ngaphantsi kwamaqondo obushushu obungama-55 Celsius? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iitephu ziboniswe ngokuchanekileyo futhi abantwana bayawazi umahluko phakathi kweetephu zamanzi ashushu nezamanzi abandayo? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba zonke iintsana 'zikhuselekile ekurhaxweni' futhi bonke abantwana ingaba bayakwazi ukudada? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iqula lakho lokudada logqunywe ngenethi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba libiyelwe iqula lokudada futhi likwanesango elizivalayo? (Le yimfuneko esemthethweni njengoko abantwana abaninzi berhaxwa emakhaya. Kukwayinto efanelekileyo ukuya kuqeqesho loncedo lokuqala nolwe-CPR.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  Iindlela ezilungileyo zokugcina izinto | Ewe | Hayi |
| Ingaba zonke iikhemikhali ezisekhaya zithi zigcinwe kwizingxobo ezifanelekileyo kaye zithi zigcinwe kude nabantwana? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba onke amayeza athi agcinwe kwizingxobo apho abantwana bangenakho ukuzivula kwaye zithi zigcinwe kude nabantwana? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba yonke imipu ithi itshixelwe kwisefu ngokufanelekileyo kwaye ethe yaphunyezwa ngabe-SANS? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uthi ugcine iindawo zokugcina ezinjengeshedi, ikhabhadi nezigodi zingenawo amaphepha, ifenishala iiragi nezinye izinto ezinokuvutha lula? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba izinto ezinokuvutha ezinjengepetroli, ithinazi neepeyinti kude zivaliwe kwaye zigcinwe kude neziqhushumbisi? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba iikhemikhali zamaqula okuqubha zithi zigcinwe kwindawo ekhuselekileyo kwaye zigcinwa kude nencindi enokuvutha nezinye izinto ezizezinye ezinxulumene noko? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba isigodi (apho ugcina khona izinto ezibalulekileyo) sakho sigqunywe ngemathireyeli engenakuvutha kwaye izinto ezinekovutha uzigcine kude nesigodi sakho? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ingaba uphahla lwakho alinakho ukuvutha? Ukuba unophahla olufulelweyo/ olwenziwe ngengca, ingaba luye lavavanywa ngesabatha somlilo? | <input type="checkbox"/> | <input type="checkbox"/> |



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD



FIRE & LIFE SAFETY HOME CHECKLIST



Making progress possible. Together.

How safe is your home and family?



This fire and life safety checklist will help you identify potential fire hazards in your home. It also introduces good housekeeping practices that will improve the fire safety of your home significantly.

Answer the questions honestly.

If your answer is 'no' to any of the questions, take action before someone gets hurt.

For more information contact your local fire station or our Fire and Life Safety Education Officers on 021 703 3184 or send an e-mail to lifesafety@capetown.gov.za.

Let's work together to protect the ones we love.

|  FIRE DETECTION AND FIREFIGHTING | YES | NO |
|---|--------------------------|--------------------------|
| Smoke alarms: | | |
| Does your home have at least one smoke alarm to protect your family while you sleep? (Most house fires occur at night. Smoke alarms have reduced the fire death rate by 50% in the US and UK) | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you test the battery of your smoke alarm at least once a month and change the battery once a year? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does everyone know the sound of the smoke alarm? | <input type="checkbox"/> | <input type="checkbox"/> |
| Fire extinguishers: | | |
| Does your home have a fire extinguisher or a fire blanket that meets the South African National Standards (SANS)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has your fire extinguisher been tested by a technician approved in terms of the SANS during the past 12 months? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your fire extinguisher stored in an accessible and convenient location, e.g. near an exit door? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you received training or advice from your local fire brigade on how to use your fire extinguisher safely? | <input type="checkbox"/> | <input type="checkbox"/> |
|  EMERGENCY PROCEDURES AND ESCAPE PLANS | YES | NO |
| Have you and your family practised an escape plan? (An escape plan will speed up your escape and may save your life.) | <input type="checkbox"/> | <input type="checkbox"/> |
| If you have young children or family members with limited mobility, has someone been assigned to help them escape in the event of fire? (Young children and the elderly account for most fire deaths) | <input type="checkbox"/> | <input type="checkbox"/> |
| Have your children practised how to escape without adult help? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do babysitters, caregivers and visitors all know the escape procedure in the event of a fire? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you practise your escape plan at least once every six months? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you keep a torch readily available for use during a power failure or fire? | <input type="checkbox"/> | <input type="checkbox"/> |



ESCAPING FROM FIRE

YES

NO

Do you know that if a fire breaks out you must get everyone out of the house and then call the fire brigade?

Does everyone know that they should get out and stay out if a fire breaks out? (Leave behind all valuables and possessions. Make sure children know not to hide.)

Do you know that you should not attempt to fight the fire until the fire brigade has been called and only if there is no risk to yourself?

Does your family know the emergency number 107 and is 107 displayed on your telephone to assist children if they have to call for help?

Does everyone know that they must crawl low under smoke to escape from fire? (Breathing in smoke can kill you. Cool air near the floor will help you to breathe and to crawl to safety.)

Do you have two ways to get out of the house in the event of a fire?

Can your burglar bars open from the inside to prevent you from being trapped inside?

Are your windows, doors and floor kept free of any obstructions to allow an easy exit in the event of a fire?

Can you open doors quickly and are keys readily available to unlock doors? (Keep keys in doors and security gates or on hooks nearby.)


Do you know that if a fire breaks out in a room, you should close the door to limit the growth of the fire?



Do you sleep with your doors closed to prevent the spread of smoke and fire?


Do you know that if you are trapped by fire, you should close the door to your room and put a blanket or towel at the bottom of the door to keep out the smoke? (Call for help from the window.)



Will you remember to close all doors behind you when you are evacuating your home?

Does your family have a safe place to meet away from your home?

|  PREVENTING THE FIRE: HEAT AND FUEL | YES | NO |
|---|--------------------------|--------------------------|
| Liquid Petroleum Gas (LPG): If you use gas, do you limit your 9 kg cylinders to the one in use and one spare? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has your gas installation been checked and certified by a registered LP gas installer and/or the Fire Department where applicable. | <input type="checkbox"/> | <input type="checkbox"/> |
| Are children always supervised when gas, a naked flame, oil heaters or open fires are used? | <input type="checkbox"/> | <input type="checkbox"/> |
| When lighting gas appliances, do you light the match first before opening the gas? | <input type="checkbox"/> | <input type="checkbox"/> |
| Heaters: Are heaters used in safe areas (where they cannot be knocked over and items cannot fall on them) at least 1 m away from furniture, furnishings and anything else that can burn? (Radiated heat causes many house fires.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you turn heaters off when you leave the house and when you are sleeping? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you avoid drying your clothes on or near heaters? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you keep a window slightly open in rooms where paraffin or gas heaters are in use? (Open-flame heaters consume oxygen and produce poisonous gases.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are curtains kept away from heat sources and possible ignition? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you use and store electric blankets according to the manufacturer's instructions and do you fit them correctly. Are they switched off when you are in bed, serviced regularly and not used with hot water bottles? | <input type="checkbox"/> | <input type="checkbox"/> |
| Cooking: Do you make sure that you never leave cooking food unattended? (Many fires are caused by food left unattended on a stove, especially oil.) | <input type="checkbox"/> | <input type="checkbox"/> |
| When deep frying, do you keep your pot less than one third full of oil? (This lowers the risk of hot oil boiling over onto your stove.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Does everyone know that you should use a damp cloth to smother a cooking-oil fire? (Do not put water on an oil fire because it will explode.) | <input type="checkbox"/> | <input type="checkbox"/> |

|  PREVENTING THE FIRE: HEAT AND FUEL continued | YES | NO |
|---|--------------------------|--------------------------|
| Do you avoid wearing loose-fitting clothing while cooking? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has everyone practiced how to 'stop, drop and roll' if their clothing catches on fire? (Do not run as this makes the fire worse.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are pans used in a safe position on the stove? (Turn handles inwards but not over a hot area so that they cannot be knocked over and so that are out of reach of children.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are cords from toasters, kettles and other electrical items kept away from the stove and not left hanging within reach of small children? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the area above and around your stove free from items that can burn? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are items that attract children (sweets and biscuits) stored away from your cooking areas so children are not tempted to climb onto hot surfaces? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you put out braai fires when you have finished cooking? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does everyone know that you need to cool a burn? (Act fast and hold the burn in cold water for at least 20 minutes.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Fireplaces: | | |
| Has your fireplace been installed correctly? (Many fires occur due to poor installation. People also die of carbon monoxide poisoning when gas appliances are installed without sufficient ventilation) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are fireguards placed around open fires? (Keep combustible items away from the fireguard and avoid drying clothes in front of fires.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are mirrors hung away from fireplaces or other sources of heat? (Do not stand too close to the fire, you could set your clothing alight.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  PREVENTING THE FIRE: ELECTRICAL SAFETY | YES | NO |
| Are all electrical items not in use switched off and unplugged? (Electrical faults account for a large number of fires, especially at night.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are TVs, hi-fis and other electrical appliances switched off and not left on standby mode? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are electric irons and other appliances sufficiently cooled before being stored? | <input type="checkbox"/> | <input type="checkbox"/> |

|  PREVENTING THE FIRE: ELECTRICAL SAFETY continued | YES | NO |
|--|--------------------------|--------------------------|
| Do you have enough plugs in each room to limit the use of adaptors and cables and to prevent overloading? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are plug sockets and extension cords overloaded? (The rule is: 'one socket, one plug'. You could overheat a socket and start a fire by putting several adaptors into one socket. High power equipment can overload extension cords.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are electrical cords and flexes in good condition? Are frayed or damaged cords being replaced and not simply repaired? | <input type="checkbox"/> | <input type="checkbox"/> |
| If extension cords are used, are they used safely (not under carpets or across doorways)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are extension cords properly secured (not by using nails or staples)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you avoid taking portable electrical equipment into the bathroom to prevent electrical shocks? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do all your electrical appliances meet the SANS? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do all indicator warning lights on stoves and appliances work to indicate that the appliance is on or off? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you carry out a safety inspection of your home and correct all the faults regularly? | <input type="checkbox"/> | <input type="checkbox"/> |
|  PREVENTING THE FIRE: SAFE PRACTICES | YES | NO |
| If anyone smokes inside your home, do you have enough large, deep, non-tip ashtrays? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you make sure that you never leave a lit cigarette or pipe unattended? (They may fall onto a chair or carpet and start a fire.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Is 'no smoking in bed' a rule in your home? (It is easy to fall asleep when smoking in bed or in an armchair.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Are all ashtrays emptied regularly into a suitable metal container? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you avoid placing ashtrays on chair arms where they can be knocked over? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are matches and lighters kept locked away – out of reach, out of sight and out of mind –of children? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you make sure that young children are never left alone at home? | <input type="checkbox"/> | <input type="checkbox"/> |
| If you must have candles in your home, are these candles for decoration only and if lit are they never left unattended? | <input type="checkbox"/> | <input type="checkbox"/> |

|  HOT WATER HAZARDS / POOL SAFETY | YES | NO |
|---|--------------------------|--------------------------|
| Are kettles, pans, cups, etc. kept out of reach of young children? (Hot water is responsible for most burns in the home.) | <input type="checkbox"/> | <input type="checkbox"/> |
| When bathing young children, do you first add cold water before adding hot water? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your hot water geyser's thermostat set below 55 degrees Celsius? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are taps correctly colour-coded and do children know the difference between the taps for hot water and cold water? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have all babies been 'drown-proofed' and do all children know how to swim? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your swimming pool have a pool net? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have a pool fence with a self-closing gate? (This is a legal requirement as many children drown at home. It is also useful to undergo first-aid and CPR training.) | <input type="checkbox"/> | <input type="checkbox"/> |
|  SAFE STORAGE | YES | NO |
| Are all household chemicals stored in suitable containers and kept away from children? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are all medicines stored in child proof containers and kept away from children? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are all guns locked away in a safe that is SANS approved? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you keep storage areas such as sheds, cupboards, loft areas free from paper, furniture, rags and other things that can burn? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are combustibles/flammables such as petrol, thinners and paints kept to a minimum, sealed and stored safely away from ignition sources? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are pool chemicals kept in a safe place away from brake fluid and other items? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your loft insulated with non-combustible material and are combustibles that you store in the loft kept to a minimum? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your roof non-combustible? If you have a thatch roof, has it been treated with a fire retardant? | <input type="checkbox"/> | <input type="checkbox"/> |

Emergency numbers

107

(from a landline) or

021 480 7700

(from a cellphone)

This checklist was produced by the City of Cape Town Fire and Rescue Service: Fire and Life Safety Education Section.

This checklist is also available in Afrikaans and Xhosa.



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